

The Valley Voice

Valley Nursing & Rehabilitation Center Newsletter

Valley Nursing Center celebrated our Life Enrichment Department January 20-25, 2020. The LED aims to create and facilitate a variety of daily activities seven days a week, which include crafts, music, exercise, reminiscing, games, and parties. Social activities endorse comfort, joy, relaxation, and build self-esteem. The LED strives to assist residents maintain or improve, their social, emotional, and cognitive skills. The LED commits to understand each resident's individualized interests and needs. VNC wants to thank our Life Enrichment staff for their passion and commitment to enhancing our residents' quality of life.



*Where caring
is an attitude
of the heart*

Find us on the web
www.valleyrehab.com



Carrie Johnson, CTRS/LRT – Life Enrichment Director, Autumn Lowdermilk, LRTA – Life Enrichment Assistant Director, Sarah Roths, LRTA – Life Enrichment Assistant, Judy Woodward – Life Enrichment Assistant, Roger Wingler – Life Enrichment Assistant, Sierra Gobble – Life Enrichment Assistant, and Heidi Dennis – Beautician

February 2020



Peggy Inman has been a valued employee for 30 years at Valley Nursing and Rehab Center. She retired from Food and Nutrition Services on December 31, 2019. Peggy came to VNC from working in a furniture factory after her friends encouraged her to apply. She started out in the dish room and worked her way up to cook, Assistant Manager, and finally Manager.



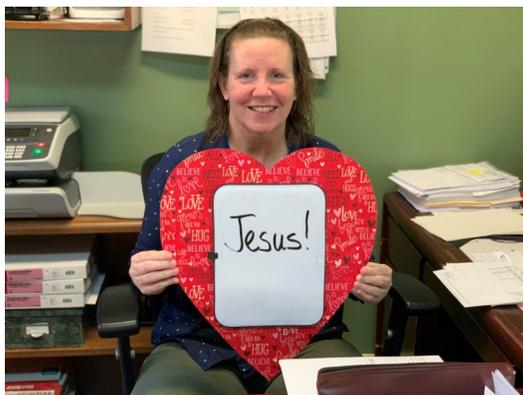
Peggy Inman

Peggy recounted many fond memories and smiled brightly telling the story of a resident who waited for her in the morning when she would come in a 4:30 am to start pureeing food. She said he would sit by the doors and say, "I see you right there," as she started her workday. Peggy has enjoyed getting to know and caring for thousands of residents and families over the years.

Eddie, Peggy's husband of 40 years, has a long list of honey to-dos. One is to start remodeling their home, now that Peggy will be home more. "I want to paint and get my basement cleaned out. When the weather gets warmer, I'll be going camping." Peggy's favorite place to camp is at the beach and spending time with her family. Peggy's grandson, Michael, will be happy to keep her busy taking him to basketball, football, and soccer games.

"Treat others how you want to be treated and work hard because it helps you grow," are Peggy words of wisdom to younger generations. Peggy expressed that she has enjoyed every minute of her career. Peggy said "I've learned so much over the years. There have been so many people to teach me new things from cooking to decorating. I appreciate everything I have gained here, and I will truly miss each resident, family members, and staff." Join us in wishing Peggy a Happy Retirement following years of loyalty to Valley Nursing Center.

What does love mean to you?



Missy Warren

Albert Flowers



Jerry Brown



PATTY SANSERVERO

Patty met the love of her life when he was dancing with another woman. After cutting in, Armand captured her heart. In all their years of marriage they never had an argument. He was a true gentleman and treated her like a queen.



Cliff Allen

DID YOU KNOW

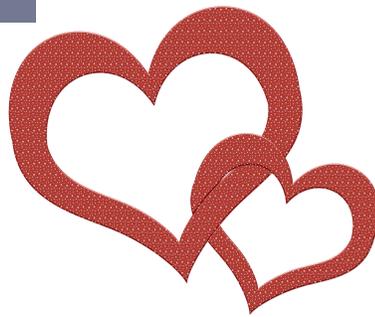
2020 is the Year of the Nurse! Have you thanked your Nurse today?



Ruby Clary



Emma Hemphill



Clintora Snipes



Martha Bentley

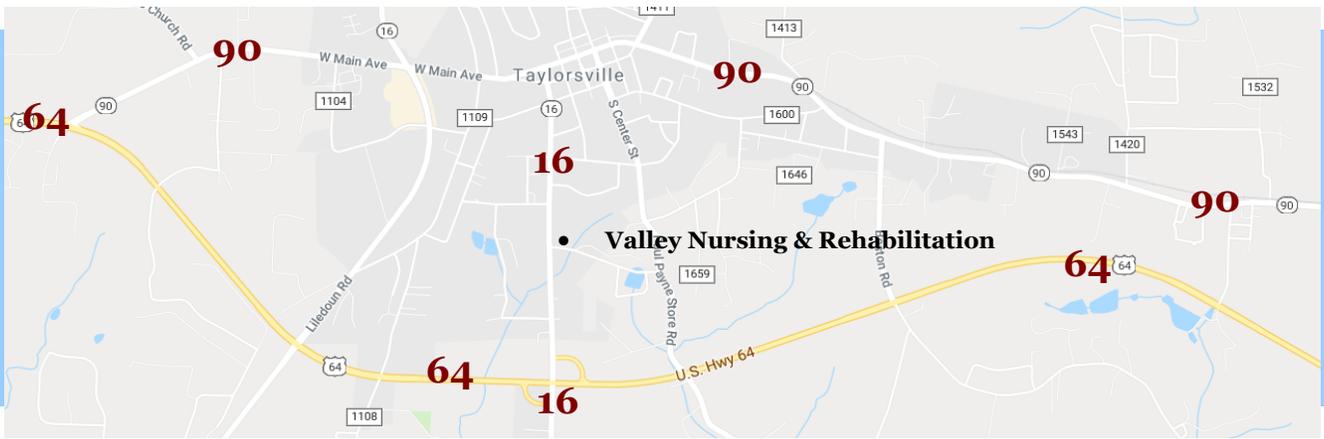


Geraldine Teague



REID SMITH

Reid and Shirley will celebrate 50 years of marriage on August 10. When Reid was asked what makes Shirley so special, he replied "she is beautiful." "That is why I fell in love with her." The secret to long years of marriage is to love and forgive.



For More Information

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